

clay manicure/pedicure treatments

H2O REPAIR HAND RITUAL 40MINS \$65
Nurturing, healing and hydrating skin treatment for the hands. Using a hydrating mask, this treatment will leave the hands feeling soft and hydrated.

H2O INTENSIVE FEET TREAT 40MINS \$65
A stimulating and hydrating foot treatment designed to soften, soothe, hydrate and restore tired feet. Essential oils assist in circulation, helping to relieve tired feet and legs. Invigorating!

EXOTIC COFFEE SCRUB FOOT RITUAL 40MINS \$65
To enliven the skin, organic coffee and raw sugars mixed with an exotic blend of essential oils this treatment leaves the feet soft and revived with a beautiful scent of aromatherapy.

REVITALISING CLAY MANICURE 50MINS \$78
A rich and revitalizing treatment for the dry, devitalized hands, with all the benefits of clay and highly nourishing treatment oils.

PINK AROMA PEDICURE 50MINS \$78

Utilizes the Lotus body clay, infused with some of nature's most nurturing essential oils. Eases tension and promotes relaxation, improves skin tone and texture leaving the feet soft, refined and revitalized.



DETOX SPA PEDICURE 50MIN \$78

Refining salt exfoliant, with deep cleansing papyrus green clay will stimulate and detox tired, overworked and neglected feet, leaving them fresh and revived.

Our pedicures and manicures now include application of Zoya nail varnish which is free from harmful chemicals and favoured by celebrities

spa and wellness packages

THE LOTUS PACKAGE 3HRS \$270
'Total Heaven' treatment plus nurturing aroma facial and signature head massage.

GODDESS PACKAGE 90 MINS \$150
Treat the goddess within and start with a Cleopatra soak in the hydrotherapy bath plus a calming or energizing facial and back massage ... you'll be feeling divine.

ISLAND DREAMING PACKAGE 3.5HRS \$285
Isles soak and back to front treatment begins with salt clay scrub with relaxing back massage followed with the Signature Aroma Spa Honey Facial.

BUDDAH GARDEN 2.5HRS \$280
Hot Stone Therapy Massage plus Intense Hydrolipid Facial & Signature Head Massage

SOULMATE SANCTUARY 3HRS \$375
Inspired for couples. Begins with a couples soak, exfoliation and clay mask treatment for male with facial for the ladies, then a full body massage each and delicious platter to finish.

STRESS NO MORE PACKAGE ~ 90MINS \$160
Hydrotherapy spa by candlelight and aromatic oils followed by a signature head massage, half hour back massage and H2O foot ritual.

AROMA HEAVEN ALLOW 90 MINS \$135
Begin in our hydrotherapy spa, unlocking and awakening your senses with rose and grapefruit oil, then a deluxe spa pedicure with signature head massage with coconut oil hair treatment.

DELUXE DUET APPROX 2HRS \$130/PERSON
A hydrotherapy couples soak, followed by a lotus massage in our couples room finishing with an aromatic vitamin treatment - rich with minerals, for the face.

NURTURING PREGNANCY PACKAGE \$165.00 / 1HR 45MIN
A truly relaxing time to connect with your baby and uplift the mother to be, an aromatic mini facial treatment, foot soak, salt scrub for the feet, a reflexology massage and an overview on diet and care during pregnancy.

SPA PRINCESS PACKAGE \$ 75.00 / 1 HR
Have your little girl pampered with a foot soak and sparkle makeup done, a manicure and small gift for her to use at home. The perfect reward for your little princess.



Aroma Sea

Day Spa and Wellness Centre

BODY MIND SOUL



IS A TOTAL BODY, MIND, AND SOUL EXPERIENCE. IMMERSE YOURSELF IN OUR ANCIENT TRADITIONAL BEAUTY RITUALS AND RANGE OF NATURAL THERAPIES. YOU WILL BE TAKEN ON A JOURNEY OF TRANQUILITY AND ARRIVE FEELING THE TRUE ESSENCE OF YOU...

stockists of fine organic spa products

100% ORGANIC NATURAL SKINCARE

INTENSE HYDROLIPID FACIAL 60 MINS \$115

Dehydrated & delipidized skin requires intense nutrition to be restored, strengthened & rejuvenated. Using highly nourishing vitamin serum, nutritive moisture mask this enriching treatment will leave you glowing with hydration.



face - aromatika

NURTURING AROMA-FACIAL 60MINS \$98
Takes you on an aromatic journey using nature's purest essential oils, hot infused aromatic towels, an intense vitamin serum high in EFA's & soft pink clay, a deeply relaxing face and neck massage with specialised points. An outstanding facial for damaged or mature skin.

CLARIFYING FACIAL 60MINS \$98
Deeply cleansing, purifying facial for oily, congested skin utilizing a blend of antibacterial & antiseptic oils to reduce inflammation & over-activity. Green clay penetrates deeply giving nutrients & cleansing, completed with acupressure massage to assist removal of toxins.

DELUXE AROMA SPA HONEY FACIAL 75MINS \$110
With all the benefits of the Aroma facial plus an 100% Honey Mask, feel the natural wonder of honey penetrating the skin, with its antibacterial properties this facial is soothing and hydrating which will leave the skin nourished and glowing with health.

BACK TO FRONT "RELAX" 70MINS \$115
Combines a calming, nurturing facial with a relaxing back massage. Soothing exquisite aroma of the Lotus Massage oil complement the heady aroma of the pink facial clay nourishing the skin. A relaxing journey for the senses.

BACK TO FRONT "ENERGIZE" 70MINS \$115
An uplifting, revitalizing facial combined with a relaxing back massage. Moisturizing properties & crisp citrus aroma of Papyrus Massage oil complement the purifying, clarifying aromatic essences of green facial clay. Revitalizing the skin..... an uplifting journey for the senses.

energize



TOTAL DETOX 75MINS \$150

Salt & white clay exfoliation, nutritious treatment body oil application infused with Papyrus clay body masks, and concludes with a hydrating uplifting aromatic lotion.

PURE INVIGORATION 90MINS \$150

Cleanse & refresh with all the benefits of salt & clay exfoliation removed with aromatic towels, body is wrapped in the scent of a Papyrus oil treatment and full body massage.

HERBAL DETOX BODY WRAP 90MINS \$160

Begins with a salt exfoliation, the body is covered with organic freshly boiled herbal combination infused wraps, left to soak into the skin creating a detox process and drawing excess water from the body. Ideal with weight loss or wellness program, the body is pushed with aromatic towels and lathered with a nourishing aroma lotion.

CLEANSING MANTLE 45MINS \$90

Designed to remove impurities. Rebalance and rejuvenate the skin. The back is cleansed with a salt and clay scrub to give the skin a deep cleanse and exfoliation. Special strengthening & purifying oils are infused by the Papyrus Body Clay, concluded with a light massage.

TOTAL HEAVEN 75MIN \$150

relax

Extremely nurturing full body spa treatment using pure salt and white clay exfoliation, followed with Lotus treatment oil, infused with body clay & finished by applying a rich Lotus lotion with an exotic scent.

SWEET SERENITY 90MINS \$160

Begins with warm aromatic towels, salt & clay exfoliation. Gentle & improves skin texture, concluding with the Lotus Massage oil the senses are wrapped in a sweet heady aroma with a Swedish massage.

SOOTHING MANTLE 45MINS \$90

Essentially a deep cleansing, soothing and relaxing facial for the back. Begins with exfoliation by dry brushing, cleansed with a gentle cleansing milk, then coated with nourishing treatment oil and a pink clay mask concluded with a nourishing moisturiser.

the ultimate way to de-stress the body



HAHANA HOT STONE MASSAGE 90MINS \$155
Relax, unwind & be transported to another dimension with this beautiful traditional style massage drizzled with coconut oil, we use

smooth volcanic stones to do a firm & rhythmic massage sequence. Whilst the stones release their energies deep into the muscles dissolving any tension & stress, harmonising the mind, body & spirit... This treatment includes a foot scrub.

RELAXING LOTUS MASSAGE 70MIN \$88

Using a blend of Lotus Signature Treatment oils, working on the light tissue & muscles of the body, with a relaxing, exotic aroma awakening of the senses. Completed with an Aroma Sea signature head massage.

AROMATHERAPY MASSAGE 90MIN \$115

Relax, detoxify and soothe the muscles, wrapping the body with an individual scent suited to you on that day, enlivening the spirit.

PREGNANCY MASSAGE 60MINS \$85

Uses a combination of Swedish & relaxation techniques, to assist with the tensions and pains experienced during pregnancy this offers nurturing and emotional support, beautifully soothing for you and the growing baby.



DEEP TISSUE TRIGGER POINT MASSAGE

60 MINS OR 30MINS \$90 OR \$55

For an existing, acute or chronic injury; sports people and for relief of ongoing tension.

RELAXING DEEP TISSUE MASSAGE

60 MINS OR 30MINS \$90 OR \$55

Deep Swedish techniques for all over tension in the body, relieves stress through deep pressure.

REVITALISE PAPYRUS MASSAGE 70MIN \$88

Using a blend of Papyrus Signature Treatment oils, working on the light tissue & muscles of the body. With a crisp, uplifting citrus aroma awakening the senses. Completed with an Aroma Sea signature head massage.

natural therapy - relax @ renew

REFLEXOLOGY 75MINS \$100

Reflex points on the foot are a mirror of any congestion in the body. Stimulating these restores system function, a healing process that is safe, non-intrusive and heals indirectly, soothing, balancing & boosting the entire body, this treatment includes a foot scrub with salts.



EAR CANDLING 45MINS \$50

The process involves using a specially made hollow candle which is held gently on the edge of the ear to create a vacuum in the ear, drawing out old wax, residues of past infection and fungus ...brings harmony and balance.

REIKI SESSION 30MIN / 1HR \$40 / \$65

"Universal life force energy", aims to improve health, it treats body, emotions, mind and spirit, promoting relaxation and feelings of peace and wellbeing.

HEMAVIEW CONSULTATION 35MINS \$50

Based on the science of hematology, Hemaview - live blood analysis is an informative, effective tool which enables us to see for ourselves the effect of an unhealthy lifestyle or a current illness on our body at the blood cell level ... see for yourself.

KETOSLIM WEIGHT LOSS PROGRAM

Please talk to our qualified practitioner in this area.

SALIVARY HORMONE TESTING

Pay direct to the pathology laboratory - dependent on sample needed.

IONIC HEAVY METAL TESTING \$15

Test for heavy metals.



natural medicines

NATUROPATHIC CONSULTATION 30MINS / 60MINS \$50 / \$70

A naturopath aims to educate, empower and motivate the patient to assume more personal responsibility for his or her health searching for the cause of a disease rather than treating the manifestation and its effects.

bathe and add-ons

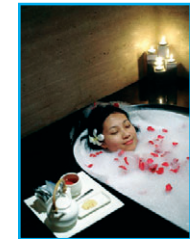
SOAK YOUR WORRIES AWAY BEFORE OR AFTER A TREATMENT WITH OUR HYDROTHERAPY SPA BATH INCLUDING ANY OF THE FOLLOWING COMBINATIONS:

AROMA SOOTHE 30MINS \$40

Blend of aromatic genuine essential, bath salts and white clay, soothing to the muscles, mind and soul.

EARTH ESSENTIAL SOAK 30MINS \$40

Feel grounded by this creation of yellow clay and the woody aroma of essential oils. Relax and revive...



ISLES SOAK 30MINS \$40

A blend of coconut milk and a bounty of essential nutrients for your skin, luxuriously smooth.

COUPLES SOAK 30MINS \$45

SIGNATURE HEAD MASSAGE 15MINS \$30

Using our signature organic coconut treatment oil blend, we give you a treat with this beautiful signature head massage to relax your mind and nourish your hair and scalp.

AROMATIC VITAMIN TREATMENT \$32

Designed to be included during a spa body treatment or massage, the skin is prepared and then the Aromatic Treatment Oil is massaged into the face. Available in two superb serums...Clarifying and Intensive rich with minerals and EFA's.